

TerrosHealth



P.R.O.S.P.E.R Program



Providing Rehabilitation Opportunities Support & Pathways to Employment & Recovery

Supported Education

Offering Pre-GED and GED prep to help you reach your academic goals.

Peer Support Training

AHCCCS-approved 6-week course, available both in-person and via Zoom.

Computer Skills

Build your confidence with basic to intermediate computer skills through hands-on learning.

Explore Our Skill-Building Programs

Empowering You Through Education, Training & Support

Pre-Vocational Skills

Strengthen life and workplace readiness with education on: Budgeting, Communication, Coping Strategies, Community Integration, Stress Management, Health & Wellness, & Mindful Art.

Supported Employment

Build the skills and confidence to pursue meaningful work and competitive employment in the community. Services include job search assistance, resume help, coaching, and placement support.

Culinary Training

Learn Safe Food Handling, Baking Techniques, and Nutrition Awareness through engaging classroom and kitchen instruction. Obtain your Food Handler Card for employment opportunities.



Hope Health Healing

TerrosHealth

P.R.O.S.P.E.R Program



Hope
Health
Healing

Locations

University Health Center

262 E. University Dr.
Mesa, AZ 85201

Desert Cove Health Center

10844 N. 23rd Ave., Suite 100 & 200
Phoenix, AZ 85059

South Mountain Health Center

3540 E. Baseline Rd., Suite 150
Phoenix, AZ 85042

Oak Health Center

4451 E. Oak St.
Phoenix, AZ 85008



For More Info, Contact:

Rehab Program Manager

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Program Supervisor

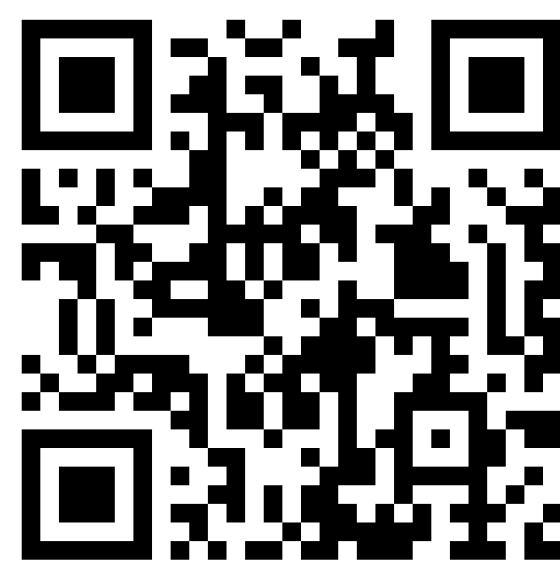
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For Referrals, Email:

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Let's Get Social!



@terroshealth